

Mental Health Awareness Week

At the beginning of February, in recognition of Mental Health Awareness Week, the Friends of West Lynn Primary School purchased a complete set of Healthy Minds books which have been developed to support teachers and other school staff in helping children to cope with some common mental health issues which can affect the children of today.

The books will be kept in the Headteacher's office but are an essential resource that will be used for children who very often can not understand the confusing and frustrating emotions they experience.

Thank you to the Friends and to Mrs. Adams who both are tirelessly working to improve the lives of the children at West Lynn Primary School.

