



Week One

Meat Free Monday

Option 1

Option 2 (v)

Served With

Jacket Potato Option

And for Pudding

Cheese and Tomato Swirl with Pasta Salad

Sweet Potato and Lentil Curry with Steamed Rice

Sweetcorn

Jacket Potato with Baked Beans

Vanilla Ice Cream

Lamb Meatballs in a Sweet Pepper Sauce with Steamed Rice

Italian Bean Bake

Garden Peas and Carrots

Jacket Potato with Cheese and Coleslaw

Brownie Slice

Roast Wednesday

Roast Chicken with Stuffing

Quorn Chipolatas with Stuffing

Roast Potatoes, Spring Greens, Carrots and Gravy

Jacket Potato with Tuna Mayonnaise

Fresh Fruit Salad with Natural Yoghurt

Thursday

Italian Beef Lasagne with Herby Bread

Vegetarian Bean Chilli with Steamed Rice

Crunchy Mixed Salad

Jacket Potato with Cheese and Baked Beans

Fruit and Jelly

Fishy Friday

Breaded Fish Fingers

Cheese and Tomato Quiche

Chips, Garden Peas or Baked Beans

Jacket Potato with Cheese

Peach Melba Cupcake

Did you know?
We use whole wheat flour in our bread and pastry recipes to ensure our menus are rich in Fibre which is great for your digestion!



Week Two

Monday

Option 1

Option 2 (v)

Served With

Jacket Potato Option

And for Pudding

Breaded Chicken Fillet in a Wrap, Jacket Potato Wedges, Crispy Lettuce and Coleslaw

Vegetable Enchilada with Steamed Rice

Broccoli

Jacket Potato with Baked Beans

Chewy Bar with a Melon Slice

Tuesday

Mild Teriyaki Beef with Steamed Rice

Veggie Balls in Tomato Sauce with Pasta

Green Beans and Sweetcorn

Jacket Potato with Cheese and Coleslaw

'All Time Favourite' Cornflake Tart with Custard

Roast Wednesday

Succulent Roast Pork with Apple Sauce

Vegemince Pasty

Roast Potatoes, Carrots, Broccoli and Gravy

Jacket Potato with Tuna Mayonnaise

Apple and Berry Slice

Thursday

Mediterranean Chicken with Pasta Twists and Garlic Bread

Cheese and Potato Pie

Crunchy Mixed Salad

Jacket Potato with Cheese and Baked Beans

Fruit Topped Cheesecake

Fishy Friday

Crispy Fish Fillet

Spanish Omelette

Chips, Garden Peas or Baked Beans

Jacket Potato with Cheese

Marble Cake

Week starting: 26 Feb • 19 Mar • 23 Apr • 14 May • 11 Jun • 2 Jul • 23 Jul

Did you know?
The eggs used in our delicious Spanish Omelette contains lots of Protein which is essential for your muscle growth and immune system!

Week Three

Monday

Option 1

Option 2 (v)

Served With

Jacket Potato Option

And for Pudding

Margherita Pizza

Tortilla Wrap filled with BBQ Quorn

Baby Potatoes and Crunchy Mixed Salad

Jacket Potato with Baked Beans

Cocoa Shortbread with Orange Wedges

Tuesday

Chipolata Sausages

Quorn Chipolatas

Omelette, Hash Brown and Baked Beans

Jacket Potato with Cheese and Coleslaw

Carrot Cake

Roast Wednesday

Traditional Roast Beef with Yorkshire Pudding

Vegetarian Shepherd's Pie

Mashed Potatoes, Spring Greens, Carrots and Gravy

Jacket Potato with Tuna Mayonnaise

Summer Berry Eaton Mess

Thursday

Mild Chicken Tikka Masala with Savoury Rice and Naan Bread

Cheesy Pasta

Broccoli

Jacket Potato with Cheese and Baked Beans

Fruit Yoghurt

Fishy Friday

Breaded Fish Fingers or Salmon Fingers

Garden Vegetable Goujons served with Sweet and Sour Dip

Chips, Garden Peas or Baked Beans

Jacket Potato with Cheese

Apple Flapjack

Fresh Bread, Salad, Fruit, Milk Drink and Water are available every school day. Jacket Potatoes are served with Daily Vegetables or Salad. Please check with your school if the Jacket Potato Option is available.

Week starting: 5 Mar • 26 Mar • 30 Apr • 21 May • 18 Jun • 9 Jul

Did you know?
The berries used in the Apple and Berry Slice plus the Summer Berry Eaton Mess contain lots of Vitamin C and Antioxidants!

